

## **Hormones**

Without doubt one of the most talked about subjects with significant others is that of hormones not just for themselves. It appears that it is not that unusual for crossdressers, particularly those who may not be involved with a support group, to try to purchase hormones without a doctor's prescription. Some have gone to Mexico; others have found distributors on the Internet; and one I know of managed to steal a bottle of hormones from his grandmother. When she found out, she ordered more for him!

Those of us who have listened to the wise ones in our community, particularly those with a medical background, know how foolhardy and risky it is for anyone, male or female, to just gulp down hormones at will. Blood clots among other side effects may develop and there have been documented cases of crossdressers and transsexuals who have died as a result of incorrect hormonal dosage and/or supervision.

So those significant others who find out that their husbands or partners are taking hormones are upset and even frantic upon discovery. Without a doubt, the first action must be to convey their fear and apprehension immediately. In addition they must mention the side effects and even the possibility of death if the dosage is incorrect or tainted.

Thankfully there are members of the community who are knowledgeable and the rest of us should guide significant others to them for knowledge and advice.

But unfortunately there are many significant others out there who do not know there are deadly side effects. They might just be upset with the idea of their husband or partner looking more female. These women complain about the problem but unless they stumble onto medical information might simply do nothing else and their partner continues to take the hormones.

Then there are those crossdressers who may be warned by their wives and even other crossdressers, but continue to take the hormones not believing the medical advice or simply living in denial.

Whatever the reason it appears that once again it becomes necessary for the community as a whole to keep putting the information out. Crossdressers emerge from the closet every day and their wives may be the only other ones in their lives who know. So we have to encourage web sites dealing with crossdressing issues not to forget that looking female or becoming female comes with risks.

Significant others, especially those dealing with a husband or partner living in fantasyland, must be made aware of negative results from taking hormones. They shouldn't have to wait until they reach menopause to discover this for themselves.